



Emergency First Aid (Appointed Person) Joining Instructions

Venue:

YMCA Indian Student Hostel
41 Fitzroy Square
London
W1T 6AQ

The course is in the Games Room on the mezzanine level (take stairs to left of reception, one flight down and the room is on the right between the vending machine and the lift)

Tube: Euston Square, Warren Street, Goodge Street, Great Portland Street

Course times:

Day 1: 08:45-16:00 (includes a lunch break and tea breaks)

All course members must be ready to start promptly at 09:00, please make sure that you arrive at least 15 minutes in advance.

Identification

Identity fraud is an issue that we take seriously. When completing the course register on the first day you will be asked to provide a form of identification. The following methods are all acceptable:

- ?? You are part of a group of more than 5 people who can vouch for each other.
- ?? A signature on a credit card that matches that on the register.
- ?? Photographic id such as driving license or passport.

Please make sure that if you are not part of a group that you bring either a credit card or some form of photographic id. If no evidence of id is provided the ITC awarding body will be unable to issue a certificate until identity can be confirmed.

Contact hours

The Emergency First Aid (appointed person) course is 6 contact hours and you need to complete all 6 hours to obtain your certificate.

Clothing

Make sure you wear comfortable, old clothes for rolling about on the floor.

Lunch

Tea and coffee will be provided. There is a canteen onsite, they serve a good curry, however if this doesn't suit you there are local shops for you to purchase food for lunch. However, as the lunch break is short we do recommend bringing something in with you on the day.

Please read – health and safety

Our First Aid training courses are active and practical in nature. If during any part of the practical sessions you feel uncomfortable or in danger, stop and ask the trainer for guidance.

Always be aware of your back when lifting, your knees when kneeling, and as ever assess your own safety first. Remember personal hygiene e.g. by making sure you wipe your manikin before use. If you have any medical conditions or injuries, which could affect your performance, please bring them to the attention of our trainers at the start of the course.

Course members are expected to behave in a safe reasonable manner towards other participants and equipment.

07799037773



Course notes are provided, they are designed to save you taking copious notes, and act as a reference after the course is completed.

Special needs

Please advise if you have any special needs, such as access or visibility or any other considerations we may need to plan in advance. Note this venue has restricted disability access.

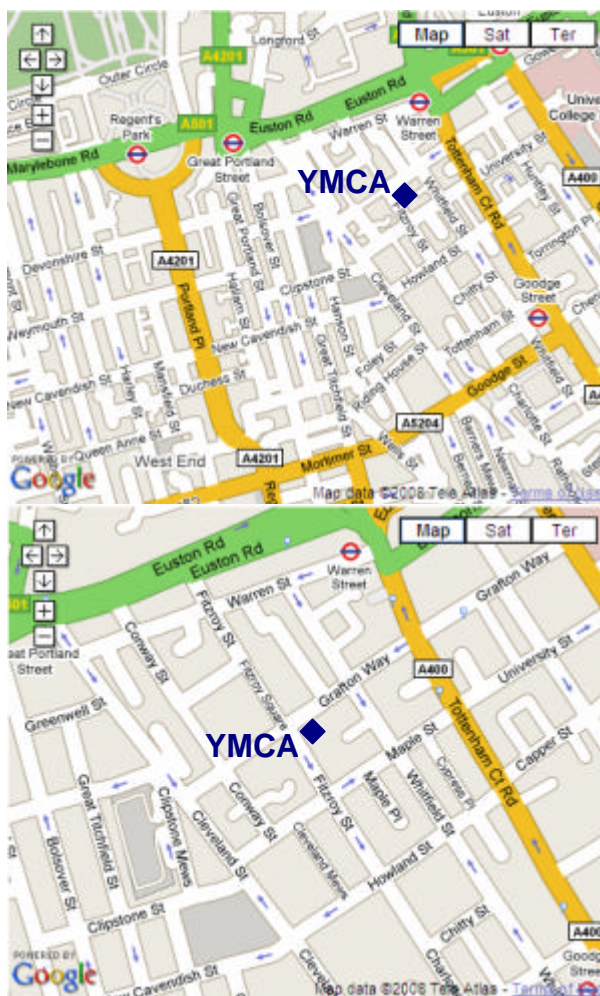
Please note

We cover injuries and illness in detail, this may remind participants of past events that may, in some instances, be distressing. If you find this happening please bring it to the attention of the trainers sooner rather than later.

If you require further information, please do not hesitate to contact me.

I look forward to meeting you on the course.

Peta McSharry
London First Aid Ltd
info@LondonFirstAid.com



07799037773